



# Quali-Tea Time

**Come along to connect with other people, make new friends or just come for a cuppa.**

Social Prescribing support will be available to help you improve your health, wellbeing and social welfare by connecting to local community offers.

**Visit: Dewsbury Library,  
Railway Street, Dewsbury,  
WF12 8EQ**

- **2:00pm - 3:00pm**
- **Last Tuesday of every month**

These sessions are for patients of Calderview Surgery, Eightlands Surgery, Dr Mahmoods & Partners (Ravensthorpe Health Centre) and North Road Suite (Ravensthorpe Health Centre).