In the North Kirklees area...

Over the last year the NHS spent £9,828,025 on treatments for all common self care conditions.

Choose self care

£8,914,301 spent on GP appointments
£913,724 spent on medicines

If we were more self care aware we could use these important resources to fund:

Speak to your pharmacist for help and advice on managing your symptoms for common conditions

OR

7,229 Cataract operations
1,752 Hip replacements