

#ANDYSMANCLUB

**SUICIDE IS THE BIGGEST
KILLER OF MEN UNDER 45
1 MAN EVERY 2 HOURS**

**ALL OUR GROUPS
MEET MONDAY 7PM**

**TO FIND YOUR NEAREST
GROUP VISIT OUR WEBSITE
WWW.ANDYSMANCLUB.CO.UK**

**JOIN THE
CONVERSATION**

-  [andysmanclub](https://www.facebook.com/andysmanclub)
-  [andysmanclubuk](https://www.instagram.com/andysmanclubuk)
-  [@andysmanclubuk](https://twitter.com/andysmanclubuk)
-  info@andysmanclub.co.uk



#ITSOKAYTOTALK

We are a peer to peer support group for men. Come have a brew and a chat!