<table>
<thead>
<tr>
<th>Apnar Condition</th>
<th>Duration (days)</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Headache only</td>
<td>4</td>
<td>-</td>
</tr>
<tr>
<td>Common cold</td>
<td>7</td>
<td>-</td>
</tr>
<tr>
<td>Cough</td>
<td>10</td>
<td>-</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>18</td>
<td>-</td>
</tr>
<tr>
<td>Fever</td>
<td>21</td>
<td>-</td>
</tr>
</tbody>
</table>

1. Checklist: You can use the symptoms chart below to help you decide whether you need to contact your GP. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

2. Less serious signs that can usually wait until the next available GP appointment:

- Headache
- Cough
- Shortness of breath
- Fever

3. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

4. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

5. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

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7. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

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10. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

11. If you are experiencing any of the symptoms listed, you should contact your GP as soon as possible.

Less serious signs that can usually wait until the next available GP appointment:

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