

## APPOINTMENT TIMES

### Appointment times

Monday	8.05—11.35	15.50—18.10
Tuesday	8.05—11.35	16.50—18.20
Tues Evening pre-bookable		18.30—19.10
Wednesday	8.05—11.35	16.50—18.20
Wed Evening pre-bookable		18.30—19.10
Thursday	8.05—11.35	15.50—18.10
Friday	8.05—11.35	13.40—18.10

If you no longer require your appointment please ring our dedicated automated appointment cancellation voice mail line on **01924 351631** (**FOLLOW THE INSTRUCTIONS—DO NOT LEAVE ANY OTHER MESSAGES AS THEY CANNOT BE ACTED UPON**)

If you need medical advice

**Monday to Friday 8am to 6.30 pm** you can call the Practice and speak to one of our Receptionists who will direct you to the most appropriate services or ask one of our Clinical Team Members to speak with you at an arranged time.



**Dial a Health Visitor** **NHS**

A dedicated hotline to a qualified Health Visitor for new and concerned parents of children under 5 years. Gives you support and advice to minimize the worry!

**5pm - 8pm**  
**Monday to Friday**  
**T: 0303 330 9588**

Caring for you, locally

**Locala**  
Community Partnerships



**BMA**

We needn't be your first stop.

Help us help you by being prepared this winter:

- Remember colds, flu and most sore throats do not need antibiotics
- Treat your symptoms with pain relievers (such as Paracetamol or Ibuprofen), rest and plenty of fluids
- Your pharmacist can also give you advice and treatment

For initial advice about your symptoms, visit [www.nhs.uk](http://www.nhs.uk)

[bma.org.uk/winter-pressures](http://bma.org.uk/winter-pressures)  
#winterpressures



Antibiotics do not fight viral illnesses like colds. Taking antibiotics for colds can be harmful to your child's health — in fact, unnecessary antibiotics can make future infections harder to treat. Work with your child's healthcare provider to find the best treatment for your sick child.

## OTHER USEFUL INFORMATION

### USEFUL CONTACT NUMBERS

#### OTHER USEFUL CONTACTS

<b>NHS 111 SERVICE</b>	<b>CALL FREE 111</b>
ACCIDENT & EMERGENCY CARE	01924 816099
MID YORKS HOSPITALS	0844 8118110
WALK-IN-CENTRE (DDH)	01924 542695
CHOOSE AND BOOK	0345 6088888
DISTRICT NURSES	01484 221600
HEALTH VISITORS	030 333 09820
SCHOOL NURSES	01924 351532
MIDWIFE	01924 816075
<b>EMERGENCY DENTIST</b>	<b>0345 065 9999</b>
<b>TO FIND A DENTIST</b>	<b>01484 464036</b>
CONTRACEPTION & SEXUAL HEALTH (DEWSBURY HEALTH CENTRE)	01924 351551
EYE PHARMACY (LATE NIGHTLY OPENING)	<b>01924 466188</b>
CO-OP PHARMACY RAVENSTHORPE	<b>01924 461651</b>

**North Road Suite**  
RAVENSTHORPE HEALTH CENTRE

**Dr N Chandra & Partners**

#### Welcome Pack Information

**Routine** and **Emergency Care** Information  
For you and your family

Main surgery number **01924 351520**

8am to 6.30 pm Monday to Friday

**AND SELECT ONE OF THE SERVICE OPTIONS**

Appointment cancellation line

**01924 351631**

**(THIS IS AN AUTOMATED SERVICE AVAILABLE 24/7)**

[www.northroadsuite.gpsurgery.net](http://www.northroadsuite.gpsurgery.net)

#### **When the Practice is closed call**



#### **WHAT IS 111?**

It's the new NHS telephone number to call when you need medical help fast but it is not a 999 emergency. You can ring the 111 number 24 hours a day 7 days a week, 365 days a year.

**Calls are free from land lines and mobiles**